

**THIRD B.N.Y.S. DEGREE EXAMINATION**

**PAPER VII – MASSAGE, CHIROPRACTICE OSTEOPATHY AND  
AROMATHERAPY**

*Q.P. Code : 821522*

**Time: Three Hours**

**Maximum : 100 Marks**

**Answer All questions**

**I. Essay Questions:**

**(2 x 15 = 30)**

1. Write in detail about Physiological effects of massage.
2. Explain enteroptosis and how do you restore the abdominal viscera through massage?

**II. Write Notes on:**

**(10 x 5 = 50)**

1. Physiological effects of Chiropractic.
2. Write down the movements of back massage and its importance.
3. Classification of massage.
4. Cause and contra- indications of Osteopathy.
5. Special features of aroma oils.
6. Therapeutic massage in diathetic disorders.
7. Vibro-massage and its use.
8. Write five fragrant categories of aroma oils with an example.
9. Explain all three methods of neck massage.
10. History and origin of aromatherapy.

**III. Short Answers on:**

**(10 x 2 = 20)**

1. Brief Soft tissue therapy.
2. What is maceration in oil preparation?
3. Write about thrust technique.
4. Effect of aroma oil on brain.
5. Define Chiropractic.
6. Write the structures involved in massage.
7. Influence of massage upon elimination.
8. Brief the allergic effects of aroma oils.
9. What is the specific effect of vibration?
10. Differentiate active, passive and resistive movements.